

4TH TRANSNATIONAL MEETING IN BLENDED FORMAT: MAKING PROGRESS



The fourth transnational meeting of QAVAD took place on the 23rd, 28th 29th of June and 1st of July.

This time the format was blended with both the French and Spanish team meeting face to face and the Italian and Finnish partners through video conference. This was a step forward towards the next meeting that will take place in November 2021 in Finland.

With an extended agenda of 4 half days to adapt to the blended format, partners advanced towards the definitive version of the training program (Intellectual output 2) and the practical guide for home care (Intellectual output 3). Partners also started planning the piloting phase.

IP2 “Training Program for Quality of Life at Home”

The IP2 QAVAD team, after many meetings and exchanges, came to the definition of the training program for Life Quality at Home. Based on the main pedagogical framework on elderly care and home care in particular and according to the analysis of the best practices collected by the project partners, IP2 designed the overall feature of the modules and the general topics. Every partner, together with the local technical committees, will test such program.

The program will be tested by every partner, together with the local technical committees. Every partner is selecting a set of modules for the implementation, in the next few months, of local training activities applying what has been designed in the project.

This is the list of the modules of the training program:

Module 1 Models, methods and knowledge on care

Module 2 How to do: professional tools, care activities and non-pharmacological activities at home

Module 3 Professional tools for investment and home improvement

Module 4 Technologies transforming care

Module 5 Well-being of the caregiver and coping strategies

Module 6 Interaction and communication

Module 7 Management

Module 8 Coordination, Partnerships, networks on a territory

IP3 Advances in the development of contents for the Guide

All professional partners in QAVAD in the field of services for elderly people at home are working on developing the contents of the Guide. This Guide is aimed at family carers and professionals as well as elderly people who need support.

This guide is based in cases and examples that represent different situations we can meet in the care of elderly people. 3 elderly people, representing different profiles, and their carers will be with us all through the guide and will help us focus different topics in a concrete way with real life examples.

PI3: Guide. The use cases will be based in three main characters:

MARIO	ELENA	ISABEL
84 years old, widower	79 years old, single	82 years old
Living with his daughter Ana and her family in the countryside	Living in the city with her sister Luisa	Living in a small provincial town with her husband, also old
Likes mechanics and fixing things	Mobility problems. Wheelchair	Housewife, used to work in a textile factory
Likes playing cards with his friends	Teacher, high cultural level	Always responsible for the house and the family
With cognitive impairment	Likes reading, theatre, cinema, traveling...	Doesn't like strangers coming to her house
	Tring to use a computer	Frail and lonely
	Personal assistant Monica	Likes sewing and going to the parish

TESTING PHASE

QAVAD TEST SHEET

Module tested :

- Module 1 Models, methods and knowledge of care
- Module 2 Know-how: care and non-pharmacological activities in the home
- Module 3 Professional tools for investment and home improvement
- Module 4 Technologies transform care
- Module 5 Caregiver well-being and coping strategies
- Module 6 Communication and interaction
- Module 7 Management
- Module 8 Coordination, partnerships, networks on a territory

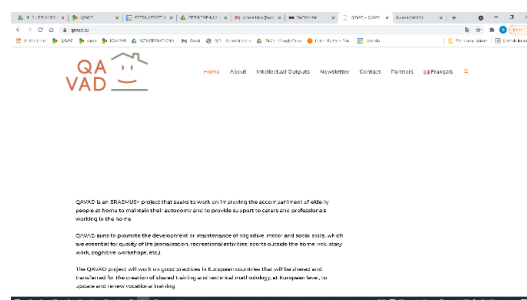
Between September 2021 and January 2022, the partnership will test the PI2 training modules.

During the last transnational meeting, all the tests to be carried out in France, Spain, Italy and Finland were planned in general terms. Cefal has elaborated a form to collect information about the tests, containing modules to be tested, in which kind of structure, public, number of participants etc. A self-assessment tool of the acquired competences and a training satisfaction questionnaire will also be available. The synthesis of what emerges from the tests will be reported to the working group in order to elaborate the final version of the training modules.

WWW.QAVAD.EU

After the testing phase QAVAD webpage is up and running in the project's two languages: French and English. As the project progresses all the relevant information will be available at the site.

Do not wait and have a look at WWW.QAVAD.EU



NEW PARTNER IN QAVAD

The Finnish Institute of Occupational Health (FIOH) is a specialist in well-being at work, which carries out research, and provides services and training. We believe that work can create well-being, and that healthy, safe and meaningful work generates “well-being through work”, which in turn leads to improved productivity and participation in work life.

Elderly care is currently in change in our ageing society. More and more functions are being supported by smart technology (e.g. video communication, medicine dispenser robotics, telemedicine, chatbots, patient record systems). The implementation and use of new technologies also demand care workers to adapt, learn and actively modify new skills and maybe to have a new mindset for care work. We are interested in how the use of technology changes care work, agency of the elderly care workers, and their relationship with the clients. Does new technology give care workers more time for empathy and new possibilities to improve the quality, availability and cost-effectiveness of services?

We would also like to ask how the governance of elderly people’s care could be organized in such a way that it ensures good life and good quality of services for the clients, and appealing work circumstances for the care professionals?



Photo: Elina Manninen / FIOH

QAVAD SELECTED AS RELEVANT PROJECT BY ADINPREST



ADINBERRI, the Agency for the strategy of Aging and Reference centre for aging in Gipuzkoa, has selected QAVAD in its training initiative ADINPREST as one of the key projects for the training of carers of elderly people at home.

This initiative seeks to identify good training practices and promote quality training and initiatives for care services at home.